We are a rare place for individuals with autism and other forms of neurodiversity to learn technology and soft skills. We believe in the dignity and potential of our students and offer small classes and handson learning opportunities.

CLASSES SUBJECT TO CHANGE BASED ON ENROLLMENT, INSTRUCTOR AVAILABILITY OR INDIVIDUALIZED NEEDS OF STUDENTS.

SOCIAL SKILLS:

Practice communication, relationship building, team work, job interviewing and other skills to help navigate work and life.

THERAPEUTIC REC:

Try new recreational activities that will help to get you more involved in the community, improve your health, and meet new people.

TECH CLASSES:

Learn technology skills in web development, programming, and office software. Work on projects for your career portfolio.

To set up an enrollment meeting, please email Jamie Bolyard at <u>jbolyard@woodhaventeam.org</u>

ENCIRCLE YOUTH PROGRAMS™





SUMMER 2025 CLASS SCHEDULE

CLASSES BEGIN JUNE 2nd, 2025.



IN-PERSON CLASS

Monday

Tuesday

Wednesday

Thursday

Mindful Movement 11:30am-12:30pm

Magic: The Gathering Arena 12:30pm-1:30pm

> Fantastic Fibers: Creating Imagery with Felt 2pm - 3pm

Mindful Munchies: Building Sustainable Eating Habits 3pm-4pm

Stay Safe: Your Guide to Handling the Unexpected 4:30pm - 5:30pm

Be the Boss: Your First Business Adventure! 5:30pm-6:30pm

Minecraft: Surviving Together! 6pm - 7pm Wellness in Nature 11:30am - 12:30pm

> Self-Defense 1pm - 2pm

Intro to Podcasting 2:30pm - 3:30pm

Wii Sports 3:30pm - 4:30pm

Wii Sports 4:30pm - 5:30pm

Driving Simulator -High School 4:30pm - 5:30pm

Driving Simulator -Adult 5:30pm - 6:30pm

Intro to Animation 6pm - 7pm Art Beats: Express Yourself! 11:30am - 12:30pm

> Pickleball 1pm - 2pm

Disc Golf 2pm - 3pm

Backgammon and Chess 3:30pm - 4:30pm

T-Shirt Design Entrepreneur 3:30pm - 4:30pm

3D Printing 101 4:30pm - 5:30pm

3D Printing Pro 5:30pm - 6:30pm

Minecraft: Surviving Together! 6pm - 7pm Express Yourself!

2:30pm - 3:30pm

Personal Financial Planning 3:30pm - 4:30pm

Chat Smart:
Mastering
Communication
4:30pm - 5:30pm

Design It Yourself: Intro to Tinkercad 5:30pm - 6:30pm

NO PERSON SHALL BE DENIED ADMISSION BECAUSE OF RACE, NATIONAL ORIGIN, GENDER, SEXUAL ORIENTATION OR VETERAN STATUS.

THERAPEUTIC RECREATION \$350

Mindful Movement (Monday) 11:30am - 12:30pm

Experience connecting with yourself through breathing, movement, and meditation. Founded in the original philosophies of Yoga, this class will help you bring balance to your life: physically, emotionally, energetically, and spiritually. Come prepared with a yoga mat, water bottle, and an open mind as we explore the present moment together. When we give ourselves enough space, anything is possible. Let's begin.

Magic: The Gathering Arena (Monday) 12:30pm - 1:30pm Join us for this life-changing and fun experience of Magic: The Gathering Arena (on the computer)! Originally designed by a Dungeons and Dragons player, Magic also explores varying Planes (worlds) of existence--each with their own exciting characters and creatures. In this class, students will learn the flow of processes and priorities, practice real-time problem-solving skills, manage stress and uncertainty, and build relationships along the way. Your journey awaits!

Fantastic Fibers: Creating Imagery with Felt (Monday) 2pm - 3pm

Join us for afternoons of crafting! Students will learn the basics of wet felting, as we explore several types of wool and create one-of-a-kind felted 2-D images. This entry-level class is perfect for beginners or experienced felters wanting to share their skills.

Mindful Munchies: Building Sustainable Eating Habits (Monday) 3pm - 4pm

Mindful Munchies is a supportive class designed to build healthier eating habits through mindfulness, accountability and exploration. Participants will learn practical strategies to make nutritious choices and foster a positive relationship with food.

Wellness in Nature (Tuesday) 11:30am - 12:30pm

Come discover wellness in nature. In this class, we will meet at a local park and find peaceful areas to meditate, learn, and do nature themed activities. Students will use their 5 senses to connect with the outdoors, learn basic tree identification, and meditate in some of the quiet places around the park. We will also learn about the numerous ways spending time in nature can benefit your health.

Self-Defense (Tuesday) 1pm - 2pm

Use your self-defense skills to give BOB, the punching dummy a good workout, while you get one too! Become proficient in blocking, kicking and striking. Increase your awareness and ability to defend yourself. A fun, fast action class!

Wii Sports (Tuesday) 3:30pm - 4:30pm and 4:30pm - 5:30pm Wii are all better together! Have fun and get some exercise too! Introducing an action-packed Wii class. Wii will play a variety of classic Wii games—Tennis, Archery, Bowling, Baseball. Wii can play 'em all in this fun-filled class, but only if Wii sign up!

Pickleball (Wednesday) 1pm - 2pm

Pickleball is a paddle sport where tennis, badminton, and ping pong come together to make a fun and exciting game for 2 or 4 players. Appropriate for players of all ages and skill levels. Increase your aerobic abilities, hand eye coordination, make new friends and have a great time playing this exciting game outdoors at a local park!

Disc Golf (Wednesday) 2pm - 3pm

Learn to play the fun outdoor sport of disc golf! Disc golf involves throwing a special frisbee or flying disc from a tee into a chain linked basket in as few throws as you can. Already know how to play? Then test and improve your skills and have a great time outside playing this fast-growing sport! Let's rattle those chains! Class will be held at a local park.

Backgammon & Chess (Wednesday) 3:30pm - 4:30pm

Come and hone your skills by playing chess and backgammon. Both games involve critical thinking, strategy, and are just a lot of fun. Come and learn how to play these fun and challenging games!

SOCIAL SKILLS \$350

Minecraft: Surviving Together! ONLINE (Monday) 6pm - 7pm (Wednesday) 6pm - 7pm

In this class we will focus on creating a world together. Perfect for all the Minecraft lovers who want to practice their teamwork and social skills while having an adventure along the way! The plan is to start out at the very beginning and work our way up, seeing what we can create as a group.

Art Beats: Express Yourself! (Wednesday) 11:30am - 12:30pm

Let's use colors, shapes, lines, and textures to make unique works of art inspired by music! We'll practice new ways of expressing ourselves and connecting with others. Talk about preferences, sharpen listening, and think about how music affects our mood, energy level, and emotions. No art or music experience needed—just bring your creativity!

Express Yourself! ONLINE (Thursday) 2:30pm - 3:30pm

In this welcoming, laid-back, and fun class we will learn to discover, see, and value our uniqueness. We will express ourselves in various ways: perhaps by sharing stories, music, ideas, interests, as well as through the art of conversation. In addition to gaining confidence in expressing ourselves, we will practice listening, giving space and encouragement to others, asking questions, and celebrating the uniqueness of our classmates. Express Yourself is about self-confidence, empathy, collaboration, and social skills essential to living a full, fun, and happy life!

Chat Smart: Mastering Communication ONLINE (Thursday) 4:30pm - 5:30pm

Connecting with others online can be fun, but it can also be tricky. In this class, you'll learn the secrets to being a great communicator on the internet. Discover what to say, what not to say, and how to handle those oops moments.

TECH/CAREER/MISC. \$300

Stay Safe: Your Guide to Handling the Unexpected (Monday) 4:30pm - 5:30pm

Life can be unpredictable, but you can be ready! In this class, you'll learn how to stay calm and take action in emergencies. From accidents to severe weather, you'll know what to do. Plus, we'll practice how to talk to police and other helpers. Feel confident and safe wherever you are!

Be the Boss: Your First Business Adventure! (Monday) 5:30pm - 6:30pm

Ever dreamed of being your own boss? In this class, you'll learn how to turn your ideas into reality! We'll explore cool business ideas, learn the secrets of making money, or even discover how to become a YouTube star. Get ready to unleash your inner entrepreneur!

Intro to Podcasting (Tuesday) 2:30pm - 3:30pm

Get your chops down for fun with friends or become an investigating reporter uncovering an important story. Whatever your interests are, make your very own podcast in this fun and creative class!

Driving Simulator High School (Tuesday) 4:30pm - 5:30pm

Adult (Tuesday) 5:30pm - 6:30pm

Would you like to learn and practice your driving skills in a safe environment before venturing out into traffic? This class will include going over the basics as well as working on the motor automatic stage of driving to gain skills, comfortability, and confidence in your driving ability. Using driving simulators, students will learn to practice for skill and confidence.

Intro to Animation ONLINE (Tuesday) 6pm - 7pm

In this class we will be familiarizing ourselves with some basics of animation. Students will use either Krita, or an online animation website to create small animations and bring their creations to life!

T-Shirt Design Entrepreneur (Wednesday) 3:30pm - 4:30pm

Åre you creative? Do you want to start your own business? Do you love t-shirts? In this fun and creative class, we will learn how to make various t-shirt designs in Canva. Then we will learn how to put these designs on t-shirts. From design and production to customer service and profits, we will learn the basics of entrepreneurship and running our very own t-shirt business!

3D Printing 101: Your First Steps into 3D Creation! (Wednesday) 4:30pm - 5:30pm

Ever wondered how 3D printers work? In this class, you'll learn the basics of 3D printing, from how the machines operate to printing your first object. It's a hands-on adventure into the future of making things!

3D Printing Pro: Level Up Your Skills! (Wednesday) 5:30pm - 6:30pm

Take your 3D printing to the next level! In this class, you'll dive deeper into the world of 3D printing, learning advanced techniques to make your creations even better. Get ready to impress with your printing prowess!

Personal Financial Planning ONLINE (Thursday) 3:30pm - 4:30pm

No matter where you are in your financial or life journey, it's important to check-in with yourself to make sure you are creating and meeting your financial goals! Got your first job and want to learn how to budget? Make an income, but want to learn more about how others save and spend their money? We will work together to find out the best financial plan for everyone, all while practicing real-life scenarios where you will need to communicate with other people in order to meet your financial goals to be successful for your future!

Design It Yourself: Intro to Tinkercad ONLINE (Thursday) 5:30pm - 6:30pm

Join us for this fun and interactive class designed to introduce the basics of 3D design using Tinkercad! This class will provide a supportive and engaging environment where you can explore your creativity, learn valuable skills, and produce your own 3D designs. Through fun projects and activities, students will build confidence and enjoy the world of digital design.

To set up an enrollment meeting, please email Jamie Bolyard at ibolyard@woodhaventeam.org